

# PARISH PUMP

*A newsletter for the Parishes of Honingham and E. Tuddenham  
July 2009*

## **Wensum Valley Birdwatching Society**

It was great to see so many young visitors at our stand at the "Wild about the Wensum" fair at Pensthorpe Nature Reserve. Deb Jordan, pensthorpe's owner said "It was a phenomenal success, attracting over 4,000 people. This is our third Wild about the Wensum and we are delighted that people took the trouble to come and experience the amazing natural world in the valley." To help stimulate young people's interest in nature the event was opened by the Cbeebes' star Jelly. Pictures of the event can be seen on The BBC Norfolk website. Money raised will go toward providing improved habitats for Barn Owls.

Our annual Dawn Chorus outing must have struck a chord as several non-members rang me and asked to attend. In fact over thirty people turned up to enjoy the birdsong and the stunning sunrise over mist cloaked lakes and meadows. It felt like we were intruding on nature as sedge warblers scolded us from reed stems and reed buntings kept an eye on us from branches overhanging the river. Several cuckoos were heard and seen in flight and good views of a barn-owl breakfasting in the early morning light. Over 50 species were seen including, garden warbler, whitethroat, sparrowhawk, blackcap (the best song) cettis warbler, sparrow hawk and some suspicious looking cows. The event ends, as always, with a hot bacon bap, a chat and home before the world awakes.

**Diary Dates:** Bird ringing is a serious business. Catching and ringing wild birds requires a license and we have several members who are licenses to do just that. Two of our members will carry out a ringing session during the weekend of July 25<sup>th</sup> to 27<sup>th</sup>, depending on the weather. Ring me for details on this event.

On Thursday July 16<sup>th</sup> we have our summer social evening at Weston Longville Village Hall. In August we have our annual visit to Minsmere. More about this in next months report.

All are welcome to any of our events but please not we make a small charge for non-members at all our outdoor and indoor events.

Colin Wright 01603 740548  
[www.wvbs.co.uk](http://www.wvbs.co.uk)

## Mobile Library

**The next visit of the mobile library is on the 17<sup>th</sup> July 2009.**

## **Voluntary Norfolk**

**We can help you improve your health**

Local volunteers recruited to help over 60's improve their health.

A new service supporting people over 60 who want to improve their health has had a very successful first six months. The Health connectors service uses volunteers to help people who want to make changes such as improving their diet and doing more exercise, and the response had been very encouraging with 30 of the target 36 volunteers recruited to date.

This free service can help people :-

- Reduce their risk of a fall
- Improve their general fitness
- Quit smoking
- Manage their diet and weight

Health connectors are trained volunteers who provide up to six months to someone who wants to improve their health. This involves working with the client to set easy and realistic goals as well as provide the information and support that they need to make a health change.

This free service is available to anyone over 60. It is also available to those under 60 who are in receipt of an income related benefit and who are disabled or have a long term health condition. This service is available for people living in North Norfolk, Broadland, Beckland and South Norfolk.

For more information on the Health Connectors Service please contact the Health Connectors Co-ordinator on 01603 883847. Health Connectors is a service run by Voluntary Norfolk and funded by NHS Norfolk.

## **Odd Job Man And Property Maintenance**

Bathroom specialist, plumbing.  
Painting and decorating  
Carpet cleaning, fencing, patios  
And much more.

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Mobile 07788821872**

**CUSHIONS and replacement  
chair and sofa cushions  
From £15**

**S.J. Easter Upholstery  
01603 747226  
07786134004**

Newsletter for the villages  
of Honingham &  
E.Tuddenham published  
by Community Newsletters

Editor: Janet Guy  
Tel: 01603 880523

The news expressed in the  
Newsletter are not necessarily  
those of the editor or publisher.

News relating to the villages of  
East Tuddenham, Honingham  
and the surrounding areas are  
always welcome.

No charge is made for the Parish  
Pump, however a donation of  
£2 a year is asked from readers  
as a contribution towards the  
cost of production

**Honingham church matters**  
**Contact the churchwardens**

**Priest in charge of**  
**E.Tuddenham**  
**The Revd Gordon Kegg**  
**01362 850243**

**Pastoral: Mrs Margaret**  
**Dixon**  
**01362 850563**

### **A.A.Arbor**

Trees & Hedge Services  
Professional tree & Hedge  
care  
Fully insured. Free quotes  
And advice without  
obligation

30 Tower Close, Old  
Costessey

Tel: 01603 743166  
Mobile 07979500908

### **D.W.Builder**

General building --  
extensions etc

Tel: 01603 869958

Mobile: 07703185756  
Nothing too small.

### **Where have all the table tennis players gone?**

Once upon a time not so long  
ago table tennis was Britain's  
most popular indoor sport. It  
was played socially,  
competitively and  
internationally by all skill  
levels, young and old and  
thoroughly enjoyed by the  
majority. The beauty of this  
game is that it can be played  
from a very young age into old  
age (we have a Norfolk lady  
who recently won an  
international gold medal at the  
age of 85!!). It is proven that  
the hand/eye co-ordination  
needed to play keeps the brain  
active for longer and reduces  
the risk of contracting  
dementia type diseases.

If you have played and  
enjoyed this wonderful game  
in the past, at any level, and  
would like to 'have another  
go' we would love to here  
from you. Also if any young  
people would like to learn to  
play or improve their skill  
levels, likewise we would love  
to here from you.

Please contact Dave Attridge  
by email [atto\\_green  
team@yahoo.co.uk](mailto:atto_green_team@yahoo.co.uk) or phone  
01760 3366616 or Howard  
lupton by phone 01362  
688522/01603 700680/07851  
732508, or Nigel Houseago by  
email  
[Nigel.houseago@skv.com](mailto:Nigel.houseago@skv.com) or  
phone (H) 01603 880550 or  
(M) 07816930862.

**Note Honingham table  
tennis club is closed until 2<sup>nd</sup>  
September and there is no  
connection.**

**Attention "Silver Surfers"**  
**(or maybe not so Silver!!)**

Do you want some  
assistance/coaching on how to  
access/enjoy the Information  
revolution? Would you like  
to know a bit more on how to  
access the Internet or may be  
just use the programmes or

packages that are on your  
computer?

**I may be able to help?** there  
are some provisos though I  
cannot deal with complex  
technical person computer  
issues, (Repairs etc.) but can  
help you diagnose some, I can  
help you get onto the Internet,  
set up things like printers and  
scanners, get your digital  
camera to "talk" to your  
computer, basic photo editing,  
file saving, uploading photos  
to a 'sharing' web site, find  
your way round the keyboard  
and mouse. All those things  
that you want to do but get  
stuck, look at the  
documentation and think - [I  
will never get the hand of this"  
- take heart - you will with a  
little coaching!!

**I offer my services for "free"**  
**for the first hour!!** There are  
no tricks or chicanery, sales  
pitches or whatever - since  
retiring from full-time work, I  
have some spare time and  
would like to help you by  
sharing my skills and the little  
snippets I've picked up over  
the years. If I can't help you I  
will tell you and try not to lead  
you "up the garden path". (In  
my experience most problems  
are 'sorted' or diagnosed  
within an hour!)

**Give me a call** -what have  
you got to lose? I can give  
you an idea if I can help (A  
problem shared!!) We can  
discuss your problem and see I  
I can assist (limited however  
I'm afraid, to within a 5 mile  
radius of East Tuddenham

Call me, Terry on 01603  
880137, if I'm not there leave  
me a message and I'll get back  
to you as soon as possible.

I can only deal with computers  
running Microsoft operating  
systems (windows 2000, XP  
and Vista) owners of Apple  
Macs running Mackintosh  
operating systems. New and  
upgraded computers can be  
purchased locally and  
nationally recognised names.

From Breckland Council

We can validate benefit claims, photocopy forms, and forward all relevant documents to the right department for you.

We can help with Council Tax arrangements if you are moving in, moving out, setting up a Direct Debit payment or need to make a debit card payment.

We can validate concessionary travel passes documentation. For Senior Rail cards we require a debit card payment and a photograph, we can then issue your card whilst you wait. For concessionary bus passes we can scan your photos. We can update your details whilst you wait and you will then receive your bus pass within 10 working days.

You can report fly-tipping, abandoned vehicles, missed bins, request bulky waste collections and garden waste bins.

We can provide Council information, leaflets and application forms.

Michael Chaplin House  
Station Road,  
Dereham.

Open: Monday, Tuesday, Thursday and Friday 9 a.m. to 5 p.m.  
Wednesday 9 a.m. to 4.15 p.m.



**SPECIAL EVENT**

**BACK BY POPULAR DEMAND!!!**

**WE WELCOME LADIES OF ALL AGES TO OUR SECOND EVENING**

**BRING YOUR FRIENDS AND MEET SOME NEW ONES FOR A CHAT, AND AN  
EVENING OUT AWAY FROM THE TELLY OR THE CHILDREN !!!**

**MEET IN YOUR OWN VILLAGE IN A PLEASANT RELAXED ATMOSPHERE FOR  
A DRINK AND CATCH UP ON THE "NEWS"**

**EAST TUDDENHAM SOCIAL CLUB BAR**

**8PM TUES JULY 21ST**

**CONTACT LESLEY 01603 880813 FOR MORE INFO**

# Primed

## Information from your Parish Council

Chairman: Gillian Hickling, 880774  
Vice Chairman: Janet Shrimpling, 880779  
Chris Anderson, 880813  
Lynsay Barrett, 880001  
Jackie Fane, 880238  
Ted Guy, 880523  
Alex Leaney, 880566  
Clerk: Betty Wilson, 880590  
District Councillors: Brian Rose, Paul Claussen

East Tuddenham Parish Council met on Tuesday 9<sup>th</sup> June when Mrs. Hickling, Chairman, welcomed a full Council to the meeting as well as District Councillor Mr. B. Rose.

There had been a police presence several times recently in the village with a number of speeding vehicles being caught. The police considered East Tuddenham to be a speeding black spot and would continue monitoring the situation. As there had been a few "near misses" at the new roundabout due to traffic from Dereham not stopping in time, the clerk would get in touch with the Highways Agency to request a Give Way sign be sighted at the approach to the roundabout. The Highways Department of the County Council would be informed about the dangerous state of Church Lane.

The Parish Council was asked for a donation towards the provision of new five-a-side goal posts for the youth club and all were in agreement with this. One cheque was signed for the quarterly salary and expenses of the clerk and a cheque for insurance was ratified at the meeting.

A planning application had been received for an extension to a dwelling in Tilney Road and the Council had no objection to this but hoped it would be in keeping with the rest of the houses.

The thinking behind the proposed parish groupings, to enable the adjoining villages to benefit from contributions obtained from developers, was discussed and it was decided to hold a meeting with the other parishes involved and a representative from Breckland Council.

The next meeting will be held on Wednesday 22<sup>nd</sup> July at 7.30 p.m. in the Village Hall.

# Honingham Parish Council

A meeting of the Parish Council was held on June 18<sup>th</sup> in the Village Hall - five members of the Council attending with the Parish Clerk also present. We were absolutely delighted to see that 15 residents of the Village were also able to be with us and were on occasion invited to contribute to the meeting. It is very helpful to the Council to get immediate views from the floor to enable them to agree procedures on a number of matters concerning the Village. Also present was Geoff Pellizzaro our friendly PCSO who reported on the absence of crime in the village with the possible exception of a certain number of unlicensed doorstep salesmen of European origin active in the area. It was emphasised that unless you are aware of the bona fides of the salesperson, i.e. Red Cross collectors etc, then you should not purchase from the doorstep if you do not wish to be a victim of possible stolen goods or goods of inferior quality at high prices - if in doubt, don't. Geoff stated that such a person had been arrested in the Taverham area for using intimidating pressure to obtain sales. More on Geoff later!

The usual procedural matters concerning absences, minutes of last meeting, elections of officers (Chairman, Vice Chairman and member of the Village Hall Committee), finance with various cheques being signed, updates on planning matters were dealt with and the meeting moved on to the more meaty matters before it.

SNAP (no not a child's card game - much more important). SNAP stands for Safer Neighbourhood Action Panel and is made up of various members of the four Parish Councils of Taverham, Drayton, Ringland and Honingham and is also attended by Housing association persons, a district Councillor and very importantly by most of the resident Police force based in Taverham. Your Chairman has attended the last two meetings which occur every three months and at which discussions take place over matters concerning the residents of the four villages. At these two meetings some 30 people attended in Taverham and only eight in Drayton. Following these discussions three priorities are decided upon and action then follows which is why we had a Police presence in the Village during the first three months of this year in the early mornings monitoring speeding traffic through the village. It was suggested that as Honingham had not had such a meeting in the Village it was appropriate that such an occasion should take place. This meeting will take place on July 29<sup>th</sup> at 7-30 pm in the Village Hall and we would strongly ask you to make every effort to attend and show we have more interest in our area than the vastly bigger Villages of Taverham and Drayton have in theirs!! Your Council feels confident that you will back us by taking this opportunity to place matters of your concern before this Panel.

Graham Cullender (re-elected as Vice Chairman) then, in conjunction with Jonathan Smith, reported on the situation regarding the proposed Parish plan. This is at the moment a suggestion from Broadland District Council that all Parishes should have a Parish Plan but that this will soon become obligatory. A broad outline has already been agreed as to what the plan should encompass and eventually forms will be submitted to all residents in the Village for their comments and preferences under various headings such as Planning, Transportation, reaction planning to Emergencies of all descriptions ( Swine

Flu, Flooding etc etc.) leisure and Environmental matters. Plus any other matters considered to be of importance by you the inhabitants of this very pleasant village. It was also decided that the Village should have a web site for all those on the internet and that the content of the site would and could be added to only by authorised persons but read by all.

Traffic matters - the most controversial matter of the evening in more area than one. Concern has once again been expressed over the dangers inherent in the movement of heavy lorries on Wood Lane, not least by Mr Brian Webb who has a large file on the matter. The Council is very disappointed that after previous concerns were discussed with the County Council and promises of more safety issues that were to be addressed, these have simply not happened. We have decided that these once again will be taken up with the relevant authorities even more strongly bearing in mind the aforesaid broken promises! After all it seems to us that it is somewhat farcical that in one direction along Wood Lane only vehicles of less than 7.5 tons gvw are allowed whereas lorries of any weight can come in the opposite direction.

Dereham Road - The Street - Norwich Road, and traffic flows using this route to escape tail backs on the A 47. (929 vehicles over four days in mid June). In last months PUMP there was a form to be filled in with preferences on a number of actions that might be discussed with Mr Adrian Gunson, Transport and Planning at Norfolk County Council. These are repeated below with points attached to each one on the basis of 5 pts for the most favoured by individuals going down to one point for the least favoured. We were extremely pleased to receive a total of 33 replies from households in the village and at this point we say thank you very much as this adds weight to any future correspondence or discussions with the aforementioned Mr Gunson. We list these as follows with totals of points "scored", number of first preferences and also with the average score per suggestion as received (points scored divided by number of preferences attached to each reply).

	Points-	1 <sup>st</sup> Pref -	Average
A Do Nothing	56	4	2.33
B Nip Points	43	1	2.26
C Block Dereham Road junction with Berrys Lane	68	4	3.58
D Block Dereham Road/Berrys Lane as above between 7-00 am and 9-00am	122	16	4.35
E Block the junction of the A 47 and Berrys Lane Completely	73	8	3.65

It can be seen from the above that the main preference is D and this is the preference we will carry forward with our future discussions whilst retaining interest in E and C. Geoff did mention however that D would be difficult to Police due to manpower restrictions.

The next Parish Council will be on September 3<sup>rd</sup> at 7-30 (all welcome) when we hope to have progress to report but please do not forget SNAP. Rest assured we will be "snapping" at your heels to attend.

## GIFT IDEAS

Many elderly and disabled people cannot just pop out to the shops when they remember that is someone's birthday. The ability to send a card or wrap a present is often dependent on being able to go and get the card, the gift tag, the stamps and wrapping paper at the time.

Make an elderly or disabled person's situation a little easier by giving a gift on their birthday that will be welcomed.

Put a selection of cards, a book of stamps, sheets of wrapping paper and matching gift cards in a pretty gift bag (that can be re-used) and you will be giving a present that will really be appreciated.

### Talking Watches

The RNIB has a range of talking watches which come in varying designs and are suitable for people from a young age upwards.

They range in price from £6.84 to £39.10. You can see the design by going to their website at [www.onlineshop.rnib.org.uk](http://www.onlineshop.rnib.org.uk) or contact them by phone on 0845 702 3153.

## Give a Smile Away

You'll find when you smile  
Your day will be brighter  
And all of your burdens will seem  
so much lighter  
For each time you smile you will find it is true  
Somebody, somewhere will smile back at you,  
And nothing on earth can make  
life more worthwhile  
Than the sunshine and warmth  
Of a beautiful smile.

Taken from Daily Pathways  
By Helen Steiner Rice



## OPERATION CHRISTMAS CHILD Shoe Boxes

It may seem a long way to Christmas and you may wonder why I'm mentioned it in July. With all this nice weather you might like to sit outside and do a bit of knitting, nothing to knit, then why not make a hat, scarf or mittens for a shoe-box. Also it is surprising what little bargains you can find on trips out during the Summer, often cheaper than at Christmas time.

I will again be collecting Shoe-boxes for needy children overseas, and I would like to send a few more than last year, so why not start collecting items now and spread the cost.

Many thanks for all the help in the past and please try again this year.

Be glad  
That you've walked  
In sunshine and rain  
Be Glad  
That you've felt  
Both pleasure and pain  
Be Glad  
For the comfort  
You've found in prayer  
Be Glad  
For God's blessings.....  
His love and His care.

From Helen Steiner Rice

**Honingham Has**  
**TALENT**  
**and now we need YOU!**

For more information visit:  
[www.honingham.org.uk](http://www.honingham.org.uk)



**We would welcome additional  
members to the Parish Plan  
Steering Group.**

**If you are interested please  
contact Graham Cullender on  
07927 003216  
or 01603 882038**

## GARDEN FETE

The Fete held on the 20<sup>th</sup> June at Green Farm raised a magnificent sum of £1,100 which will be shared between the Village Hall and the Church

Many thanks to all who supported this event in any way.

**Quiz Night**  
In  
**East Tuddenham**  
**Village Hall**  
**Sunday 26<sup>th</sup> July**  
**8pm**  
**ALL WELCOME**

## Mattishall Youth football Under 14s

We are looking for boys aged between 12 – 14 years old to come and join our friendly team

Training sessions are held every Thursday between 6 – 8pm behind Mattishall Primary School

This will be all through the Summer so the teams are ready for the start of the Season

If interested please come along or contact Paul on 07786395077 or David 07884347198

**Edwin Speakman**  
**BA, LTCL, ARCM**  
Highly experienced teacher of piano and general musicianship.  
Beginners to diploma level – all ages.  
Non exam students very welcome  
Associated Board grade, theory courses  
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Trees, Shrubs, Hedge Plants,  
Conifers,  
Perennials etc. for sale

The Old Post Office East Tuddenham  
Dereham NR20 3LT  
Tel: 01603 880062

## Honingham Village Hall

Saturday 11th July at 7.30pm

### "A Summer Quiz"

Teams of up to 4 are invited to a buffet supper (*with soft drinks*) and to air their knowledge in a family quiz.

THE QUIZ WILL BE RUN UNDER FAMILIAR RULES BUT WILL INCLUDE BONUS POINTS FOR APPROPRIATELY DRESSED TEAMS. IF YOUR BRAIN NEEDS STRONGER STIMULANT "BRING YOUR OWN"

QUIZ THEME :- "HOLIDAYS"

(NOTE :- BIKINIES ARE ALLOWED)

ENTRANCE CHARGE :- ADULT £4.00 CHILD £2.00 .

NON CONTESTANTS (BUFFET ONLY) £2.00

TICKETS FROM COMMITTEE MEMBERS OR RING

RAY GRANT TO BOOK A TEAM TEL. 501676

PROCEEDS IN AID OF HALL FUNDS

## SERVICES FOR JULY 2009

### 5<sup>th</sup> July (Trinity IV)

9am Morning Worship  
9.20am Morning Worship  
10.30am Holy Communion  
11am Holy Communion

Hockering  
North Tuddenham  
East Tuddenham  
St Andrew's, Honingham

### 12<sup>th</sup> July (Trinity V)

9am Morning Worship  
9.20am Sunday Special  
10.30am Morning Worship  
11am Mattins

Hockering  
North Tuddenham  
East Tuddenham  
St Andrews, Honingham

### 19<sup>th</sup> July (Trinity VI)

9.30am Holy Communion  
9.20am Holy Communion  
10.30am Morning Worship

St Paul's Chapel, Honingham  
North Tuddenham  
East Tuddenham

### 26<sup>th</sup> July (Trinity VII)

9am Holy Communion  
10.30am Sunday special  
11am Mattins

Hockering  
East Tuddenham  
St Andrew's Honingham

### Are you suffering from?

Back pain, Neck & arm pain  
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We can help

**Park Physiotherapy**  
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Registered Physiotherapists  
Appointments available 8am – 7pm

Also available Massage Therapy  
with Zara Irvine MTI,ITEC

01603 872335

\*\*\*\*\*

### YOGA

Honingham village hall  
Tuesday 7 – 9 pm  
Mattishall Memorial Hall  
Thursday 7 – 8.30pm

Mixed ability, beginners welcome  
£5.50 a session  
Ring Denise 01603 880412

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brick weaves, complete garden makeovers.

Sheds fencing, gates pergolas decking hedges cut  
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work

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# Ability

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2 Manor Close, Lyng